

# Sexuality Education in Secondary III ELA

## Emotional and Romantic Life

### Seth Baumgartner's Love Manifesto

Eric Luper

Every one of Seth's romantic relationships has ended in disaster. Needing to take stock of his love life following his latest breakup, he creates "The Love Manifesto," a podcast where he explores the nature of love and reflects on his relationships.



### Meet Cute

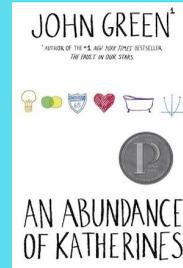
Jennifer L. Armentrout and others



Some people are destined to meet. This diverse collection of 14 short stories explores first encounters and the ups and downs of new relationships.

### An Abundance of Katherines

John Green



Colin has found the perfect equation for love. On the heels of his 19th breakup (with Katherine XIX) Colin embarks on a spontaneous road trip and learns more about life and love.

### Learning Goal:

Become aware of the benefits of a romantic relationship based on mutuality.

Identify the importance of managing conflicts in a healthy way in a romantic relationship.

### If I Was Your Girl

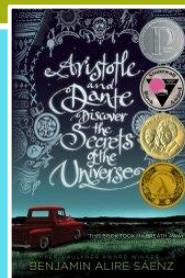
Meredith Russo



Amanda is the new girl in town. She meets Grant and is happy to learn that he's unlike anyone she's ever encountered. She comes to feel that she can share everything with him—including her past life as a boy.

### Aristotle and Dante Discover the Secrets of the Universe

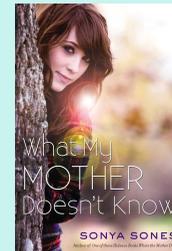
Benjamin Alire Sáenz



Ari and Dante become fast friends, but their loyalty and love are tested as they struggle with their sexual identities.

### What My Mother Doesn't Know

Sonya Sones



This verse novel features Sophie, whose head and heart want different things in a relationship. As she begins to explore her romantic life, she comes to a better understanding of her needs.

### Sample Questions to Guide Discussion:

What do you notice about the romantic relationships that the protagonist engages in?

What is the text trying to say about the idea of basing relationships on mutuality?

What are the sources of conflict between romantic partners? How are they dealt with?

### Sample Activities to Complement Discussion:

Initiate an inquiry into the challenges and benefits of adolescent relationships. Identify an inquiry question such as, "What makes a healthy relationship?" and use information from the text and additional research to explore the question. Share the findings with an audience through a spoken or written presentation.

**Suggested Keywords:** LGBTQ, self-identity, self-esteem, gender, sexual identity, romantic relationships, peers, families, healthy relationships, mutuality, conflict.

